

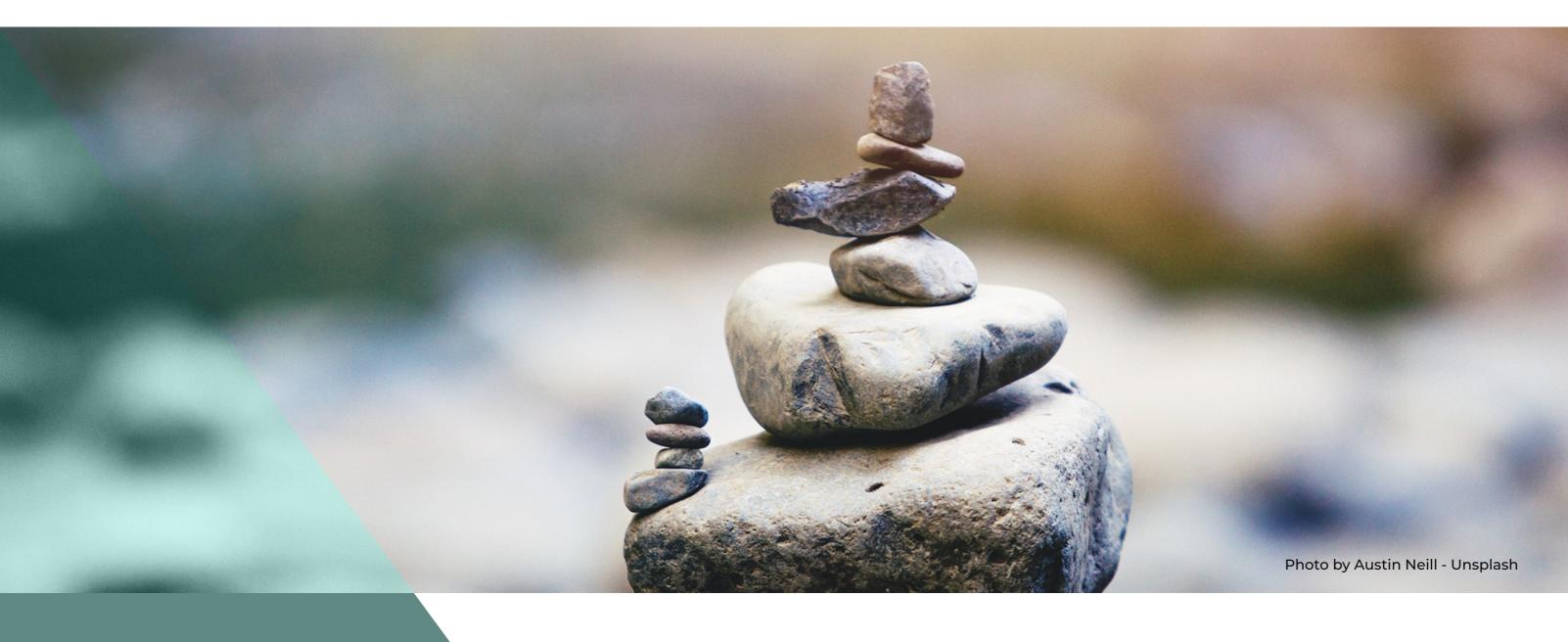
SEMINARS 2023

## PhD Net Talks

## Challenges & Support during the PhD Journey at UALG

Speaker: Mariana Guerreiro [UALG/CinTurs PhD Student]

Ph.D. can be challenging and lonely at times. Moderated by the psychologist and Ph.D. student Mariana Guerreiro, who is implementing and evaluating the Peer Mentoring Program of UAlg, this seminar aims to promote a moment of sharing experiences and networking among Ph.D. students. Based on the challenges experienced throughout the Ph.D. journey, UAlg resources will be presented to help students deal with them.









23 OCT 18h00pm
[Lisbon Time]

## **Online via Zoom**

Free seminar, but registration is mandatory to cintursphdnet@ualg.pt